SPA MENU
AT LOS ALTOS DE EROS

Individual treatments are only offered to in-house hotel guests

Outside guests can book the Spa Day package or the Sunset Massage & Dinner for 2

90-Min Signature Massage - $150

60-Min Deep Tissue Massage - $125

1-Hour, 2 Personal Attendant Massage - $195

Performed by two of our highly trained massage therapists at the same time (4 hands)

Hand & Foot Therapy - $85

Body Wraps - $95

45 Minutes

- Volcanic Mud - Antibacterial and anti inflammatory
- Chocolate Dream - Moisturizing
- Seaweed - Detoxifying

Body Scrubs - $95

45 Minutes

- Coffee - Exfoliating
- Oatmeal & Honey - Moisturizing

Indonesian Soaking Tub - $75/pp

Includes a fruit plate & 1 glass of wine. For 1 or 2 people. 45 Minutes.

- Milk with Coconut & Flowers - Moisturizing
- Flowers & Fruit - The Ultimate
- Green Tea with Mint & Citrus - Detoxifying
- Lavender & Flowers - Relaxing

Infrared Sauna Session - $45/pp

Infrared saunas have been proven more gentle and effective at detoxifying the body than traditional saunas. They help promote circulation, relieve pain and boost your mood!
Stay up to 30 minutes in temperature up to 130°F
FREE for hotel guests!

Gel Manicure - $45
Gel Pedicure - $55
Manicure & Pedicure - $90

Organic Facials - $95

All facials include components to cleanse, tone and moisturize the skin. A relaxing hand and foot massage is also included. 45 mins
White Clay Mask- to reduce inflammation, even skin tone and prevents acne
Yogurt & Honey- to soften, smooth and moisturize
Avocado & Banana- for intense moisturization
Cucumber- to refresh, hydrate and soothe the skin
Oatmeal & Honey- cleanses, exfoliates & hydrates

SPA DAY PACKAGE - $295/pp

3 spa treatments, lunch with dessert, a glass of wine & local transportation.
Duration = 4.5 hours
**Available for bookings for outside guests*

Sunset Massage & Romantic Dinner for 2 - $395/for both

A 60-minute massage, champagne and fresh fruit, a private gourmet 3-course dinner & a bottle of wine. Local Transportation.
Duration = 4 hours
**Available for bookings for outside guests*

Immunity Hot & Cold Package - $99/pp

- Infrared Sauna Session
- Ice Bath Cold Plunge
- Jacuzzi

Duration = 1 hour

Pampering Beauty Package - $185/pp

- Spa Manicure
- Spa Pedicure
- Organic Facial (choose 1)

Duration = 2.5 hours

Relaxation Package - $200/pp

- 90 Minute Signature Massage
- Lavender Soaking Tub (with real lavender)

Duration = 2 hours

Cleansing Detox Package - $275/pp

- 60 Minute Deep Tissue Massage
- Seaweed Wrap (with real seaweed)
- Tea & Citrus Detox Soaking Tub
- Infrared Sauna Session

Duration = 3 hours

WWW.LOSALTOSDEEROS.COM/SPA
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Please note, we use all natural products. If you have skin allergies or sensitivities, we suggest not choosing real fruit treatments.
****Prices do not inlcude 13% Costa Rica sales tax.***